

Rotary
District 3011



HERITAGE

Newsletter for the month of Nov'24

ROTARY CLUB OF FARIDABAD HERITAGE

Message from the President

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Rotary Club of Faridabad Heritage

President's Appeal: Let's Work Together To Make Rotary Unstoppable

Dear Rotary Family,

As I reflect on the past five months of my tenure, I am filled with gratitude for our shared journey. Hope is Vital – it's the force behind everything we do in Rotary. For over a century, Rotary has been a beacon of hope, transforming lives and building stronger communities. To lead the Rotary Club of Faridabad Heritage is both a privilege and a responsibility I hold close to my heart.

As we embrace the Magic of Rotary, let's remember that our collective efforts make us unstoppable. Together, we can continue to bring hope, create change, and leave a lasting impact in the lives of those who need it most.

Let's keep working together to make Rotary's mission stronger than ever!

Warm regards,
Rtn. Anshu Gupta



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Message from Director, Health and Disease Prevention

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Dear Rotary Family,

As we enter December, I'm excited to share that it is recognized as Disease Prevention and Treatment Month in Rotary's annual calendar. This month highlights our collective efforts in fighting diseases, with a strong focus on initiatives like polio eradication, malaria control, and improving global health.

Rotary's dedication to disease prevention is essential in saving lives and creating healthier communities worldwide. This December, let's unite to raise awareness, support our health initiatives, and continue making a difference through our local and global projects.

Together, we can strengthen Rotary's mission to improve health and well-being for all.

Warm regards,

Dr. Sunil Goyal

Director, Health and Disease Prevention

Rotary Club of Faridabad Heritage



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Message to All Readers:

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Rotary Club of Faridabad Heritage

Club Trainer's Appeal

Dear Rotary Family,

As your Club Trainer, I am excited to share an important message about the power of strategic planning for our club's future. Every great Rotary club is built on vision, teamwork, and a clear roadmap to achieve its goals. Together, we can create a strategic plan that not only outlines where we want to be in three years but also sets actionable long-range and annual goals that will guide us towards success.

The strategic planning process is a collaborative effort, involving past, current, and incoming leaders to ensure that we gather a variety of perspectives. By engaging all members in this process, we ensure that our club remains vibrant, impactful, and focused on making a difference in our community and the world.

Let's unite our ideas and strengths, and work together to set the direction for the Rotary Club of Faridabad Heritage, ensuring that we build a strong and sustainable future.

Yours in Rotary,

Dr. Rakesh Gupta

Club Trainer, Rotary Club of Faridabad Heritage



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Project of the Month

You can't build a great building on a weak foundation. You must have a solid foundation if you're going to have a strong superstructure.

Celebrating Rotary Foundation Month doing welfare to others



Gopastami

- **Date:** 9th Nov'24
- **Venue:** Devashrya Animal Hospital.
- **Occasion:** Celebration of Gopastami(The day of worship Lord Shri Krishna's most beloved cows.)
- Fellowship program for the Rotary Ladies get together.
- Arrangements were made for pooja at Devashrya.
- **Attendees- Ladies from Rotary**



The Gopastami celebration was done by our club. This event is part of our commitment to promoting awareness for the cows and their needs in our life.



Health Check up Camp & Expert Talk



- **Date:** 10th Nov'24
- **Venue:** Gurudwara Vazirsthan Society,NIT-2
- **Attendees:** 70 People
- **Services at Camp:** Free medical service of BP, Sugar, Thyroid/ Cholesterol, PFT
- Expert Talk by **Dr. Manisha Mendiratta & Dr. Somesh Virmani.**
- **50% discount** coupons were distributed to the attendees

Free Health Check-Up Camp organized by our club, This event is part of our commitment to promoting health and wellness in our community. Health check-ups are essential for early detection and prevention of diseases. Our camp provides a unique opportunity for you and your family to access essential health services, all at no cost!

Services Offered:

- **Comprehensive Health Screenings:** Including blood pressure, blood sugar, cholesterol, and BMI assessments.
- **Consultations with Medical Professionals:** Get personalized advice from qualified healthcare providers. Distinguished speakers **Dr. Manisha Mendiratta and Dr. Somesh Virmani** shared their expertise, offering valuable insights into prevention, treatment, and lifestyle changes.

This informative session raised awareness and encouraged healthier habits among attendees. Thank you to everyone who participated!

Health Check up Camp & Expert Talk



General Meeting

- **Date:** 13th Nov'24
- **Venue:** Aggraffee Cafe

This meeting was conducted for the discussion of the past events, and upcoming events. This meeting was followed by dinner



Children Day Celebration

- **Date:** 14th Nov'24
- **Venue:** Able Charities(Non – Formal Education) Near Sarvodaya Hospital, Sec- 8
- **Rotary Contribution:** Food Distribution for the poor children.
- **Event Coordinator:** Rtn. Seema, Rtn. Pinki



This celebration was done to celebrate Children's Day in the memory of our country's first prime minister Pt Jawahar Lal Nehru. Thank you to all who joined us in this celebration!



Children Day Celebration



Inauguration of Memory Stone



- **Date:** 15th Nov'24
- **Venue :** Devashrya Animal Hospital.
- **Attendees:** Rotary Members, Dr. Sangeeta Bansal.

Rotary Heritage Faridabad inaugurated the first Memory Stone in the memory of PDG Vinod Bansal and an Animal Ambulance was donated by Dr. Sangeeta Bansal. The program was inaugurated by Mrs Ayeshani Bansal (D/O PDG Vinod Bansal) in the gracious presence of Rotary Heritage Team and other esteemed dignitaries.

The inauguration program was a fitting tribute to PDG Vinod Bansal's memory celebrating their legacy of noble work and inspiring future generations.



Inauguration of Memory Stone



Cancer Awareness Talkshow



- **Date:** 20th Nov'24
- **Venue:** Basement Auditorium, Sarvodaya Hospital, Sec-8.
- **Doctor incharge:** Dr. Naveen Sancheti.
- **Give Away:** Free Mammography Coupons
- **Attendees:** 35 (Terapanth Mahila Mandal)
- **Project Cost:** Rs 3000

Cancer Awareness Talkshow was organised by Rotary Heritage Faridabad. Dr Naveen Sancheti explained cancer types, symptoms and risk factors. The doctor also explained methods for screening and early detection and available treatment options.



Cancer Awareness Talkshow



Health Check Up Camp

- **Date:** 24th Nov 2024
- **Venue:** Vidya Darshan Public School, Jawahar Colony, Fbd .
- **Free Services :** BP, SUGAR, ECG, HB, THYROID/CHOLESTEROL
- **Beneficiaries:** 161
- **Project Cost:** Rs 4000

Services Offered:

- **Comprehensive Health Screenings:** Including blood pressure, blood sugar, cholesterol, and BMI assessments.
- **Consultations with Medical Professionals:** Get personalized advice from qualified healthcare providers.



Health Check Up Camp



Health Check Up Camp

- **Date:** 24th Nov'24
- **Venue:** Vill. Sahupura, Sector 65, Faridabad
- **In association with:** Asha Jyoti Vidyapeeth
- **Services offered:** Free test for BP, SUGAR, THYROID/CHOLESTEROL
- **Beneficiaries:** 186
- **Project Cost:** Rs 4000



Free Health Check-Up Camp organized by our club, This event is part of our commitment to promoting health and wellness in our community. Health check-ups are essential for early detection and prevention of diseases. Our camp provides a unique opportunity for you and your family to access essential health services, all at no cost!



Health Check Up Camp



Up Coming Birthdays & Anniversary



Happy BIRTHDAY

Rotary
Charter 2021

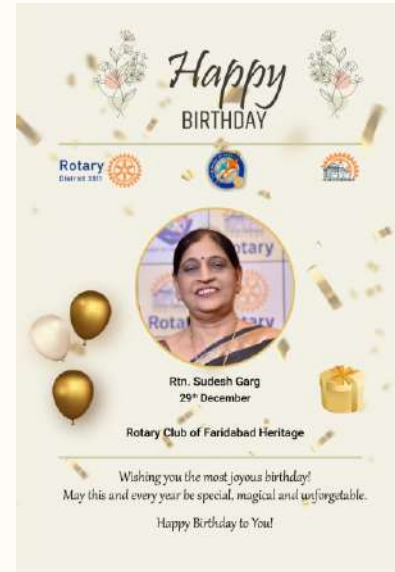


Rtn. Alka Goel
16th December

Rotary Club of Faridabad Heritage


Wishing you the most joyous birthday!
May this and every year be special, magical and unforgettable.
Happy Birthday to You!

This card features a light beige background with gold confetti and balloons. It includes the Rotary logo and a circular portrait of Rtn. Alka Goel. The text is centered and celebratory.



Happy BIRTHDAY

Rotary
Charter 2021



Rtn. Sudesh Garg
29th December

Rotary Club of Faridabad Heritage

Wishing you the most joyous birthday!
May this and every year be special, magical and unforgettable.
Happy Birthday to You!

This card features a light beige background with gold confetti and balloons. It includes the Rotary logo and a circular portrait of Rtn. Sudesh Garg. The text is centered and celebratory.



Happy BIRTHDAY

Rotary
Charter 2021



Rtn. Shilpi Tandia
29th December

Rotary Club of Faridabad Heritage

Wishing you the most joyous birthday!
May this and every year be special, magical and unforgettable.
Happy Birthday to You!

This card features a light beige background with gold confetti and balloons. It includes the Rotary logo and a circular portrait of Rtn. Shilpi Tandia. The text is centered and celebratory.



Happy Anniversary

Rotary
Charter 2021



Rtn. Shiv Kumar Gupta & Rtn. Anila Gupta
8th December

Rotary Club of Faridabad Heritage

Wishing you both a very happy anniversary.
May your journey together be filled with love, joy, and endless happiness.
Happy Anniversary both of You!

This card features a light purple background with white bokeh lights and colorful balloons. It includes the Rotary logo and a circular portrait of a couple. The text is centered and celebratory.



Happy Anniversary

Rotary
Charter 2021



Rtn. Surender Kumar & Rtn. Ranjana
8th December

Rotary Club of Faridabad Heritage

Wishing you both a very happy anniversary.
May your journey together be filled with love, joy, and endless happiness.
Happy Anniversary both of You!

This card features a light purple background with white bokeh lights and colorful balloons. It includes the Rotary logo and a circular portrait of a couple. The text is centered and celebratory.



Happy Anniversary

Rotary
Charter 2021



Rtn. Kuldeep Sethi & Rtn. Vandana Sethi
11th December

Rotary Club of Faridabad Heritage

Wishing you both a very happy anniversary.
May your journey together be filled with love, joy, and endless happiness.
Happy Anniversary both of You!

This card features a light purple background with white bokeh lights and colorful balloons. It includes the Rotary logo and a circular portrait of a couple. The text is centered and celebratory.



Thank You!

*for your continued support and dedication.
All your enthusiasm made these events memorable and successful.*



ROTARY CLUB OF FARIDABAD HERITAGE

RTN. ANSHU GUPTA
President

RTN. KULDEEP SETHI
Secretary

RTN. VINOD GUPTA
Treasurer